



Baraza

A Black Woman's Health Gathering!

YOUNG, HEALTHY, AND BLACK PROGRAM AGENDA

- ▶ 8:00 am – 8:45 am: Registration and continental breakfast
- ▶ 8:45 am – 9:05 am: Welcome
 - ▶ Marcus Owens, Sponsors, and Chantel SinGs
- ▶ 9:05 am – 9:20 am: The War on Justice
 - ▶ Tinaisha Wiley AbdurRazzq & ARTS-Us Youth Leadership
- ▶ 9:20 am – 9:25 am: Intro of Keynote Speaker
 - ▶ Chantel SinGs
- ▶ 9:25 am – 9:35 am: Keynote Address
 - ▶ Maya Marchelle
- ▶ 9:35 am – 9:45 am: Entertainment
 - ▶ Chantel SinGs
- ▶ 9:45 am – 10:50 am: Teen Summit
 - ▶ Topics: Girl, Can We Talk?; Spiritual Health; and Self-Discovery
 - ▶ Chantel SinGs (Moderator), Maya Marchelle, Chi Ellis, Pastor Roslyn Harmon, and Tinaisha Abdur Razzq, Leslie Redmond, and Teens from participating organizations
- ▶ 10:50 am – 11:00 am: Break
- ▶ 11:00 am – 12:30 pm: Breakout Sessions
 - ▶ Nerita Hughes: College Is Possible
 - ▶ Kenya McKnight Adhad: It Starts Now: Billionaire Queens – Fundamentals of Wealth Building
 - ▶ Dr. LaVonne Moore: Living a Healthy Life
 - ▶ ARTS-Us Youth Leadership Team: Rooted: Focusing Youth Power for Healthy Mind, Body, and Soul
- ▶ 12:30 pm – 1:15 pm: Lunch
- ▶ 1:15 pm – 2:00 pm: Umoja: Coping with Trauma
 - ▶ Dr. Joi Lewis: From Receipts to Radical Self Care, Spilling the Tea on Healing from Trauma
- ▶ 2:00 pm – 2:45 pm: Umoja: Closing Healing Circle
 - ▶ Pastor Roslyn Harmon
- ▶ 2:45 pm – 3:00 pm: Closing Remarks
 - ▶ Stella Whitney-West